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Empowering
health journeys
everyday





Who We Are

Kent Healthcare is a beacon of hope, dedicated to empowering individuals facing disabilities to lead fulfilling lives. Our noble initiative is driven by a steadfast commitment to providing comprehensive rehabilitation therapies that instill confidence, restore independence, and foster resilience.

Situated in the heart of Dubai, Kent Healthcare occupies the prestigious Nashwan Building, conveniently located above Emirates NBD Bank on Mankhool Road. Spanning an expansive area of 5000 square meters, our state-of-the-art facility offers a serene and conducive environment for rehabilitation and healing.

As a Dubai Health Authority (DHA) certified rehabilitation center, Kent Healthcare upholds the highest standards of care and professionalism. Our dedicated team of therapists, led by the esteemed General Manager, brings a wealth of experience and expertise in the healthcare sector. Committed to delivering personalized rehabilitation programs, our team is passionate about enhancing the lives of our patients.

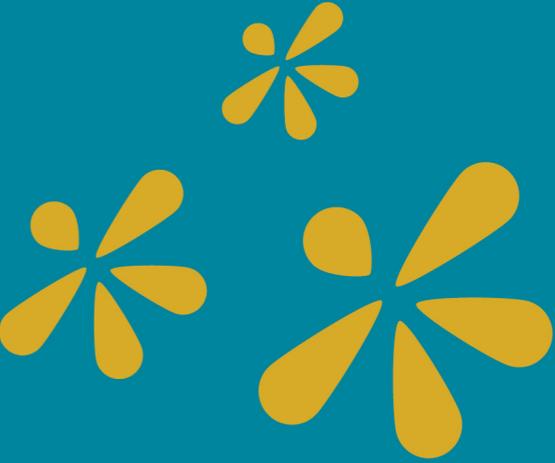
What We Stand For

Vision

At Kent Healthcare, our vision is to be a globally leading rehabilitation institution for the empowerment of individuals with disabilities. We aspire to create a world where every person has the opportunity to live a fulfilling and independent life, free from the limitations of their condition.

Mission

Our mission at Kent Healthcare is to provide compassionate, holistic, and personalized rehabilitation therapies that restore confidence, independence, and dignity to individuals with disabilities. Through our unwavering commitment to excellence, innovation, and professional integrity, we aim to make a meaningful difference in the lives of our patients, empowering them to overcome challenges and achieve their fullest potential.



What We Offer

Discover our diverse range of tailored services catering to individuals with varied needs and disabilities at Kent Healthcare.



Physiotherapy



Speech Therapy



Behavioral Therapy



Psychology



Occupational Therapy



Audiology



Physiotherapy

Revitalizing Movement with Kent Healthcare.

Embark on a journey towards physical wellness with Kent Healthcare's expert physiotherapy services. Our team of highly skilled therapists provides personalized care, utilizing advanced techniques to restore mobility, alleviate pain, and enhance overall strength and function. Whether recovering from injury, managing chronic conditions, or seeking performance enhancement, our physiotherapy addresses a wide range of musculoskeletal issues.

Services we offer

- Stroke Management
- Pediatric Physiotherapy
- Post-operative Management
- Geriatric Physiotherapy
- Sports Physiotherapy
- Cardio, Neuro & Ortho Physiotherapy
- Equipped with Modern machines and GYM





Speech Therapy

Empowering Communication with Kent Healthcare

At Kent Healthcare in Dubai, our specialized speech therapists address articulation difficulties, language development delays, fluency disorders, and dysphagia using state-of-the-art technology. We tailor treatments for each individual, focusing on early intervention for children and ongoing support for school-aged kids. We also aid those affected by trauma, illness, or injury. Our holistic approach ensures collaboration with families, caregivers, and healthcare professionals to promote continuous improvement and success.

Services we offer

- Speech and language assessments
- Post-stroke speech therapy
- Fluency (stuttering) therapy
- Voice therapy
- Swallowing and feeding therapy
- Language development support for children
- Social communication skills training
- Parents and Teachers Training



Behavioral Therapy

Transformative Behavioral Therapy at Kent Healthcare

Kent Healthcare's behavioral therapy services in Dubai offer transformative change through expert treatment plans addressing challenging behaviors, developing coping strategies, and promoting adaptive skills. Our scientifically proven techniques, including Behavioral Modification, Cognitive-Behavioral Therapy (CBT), and Social Skills Training, are tailored to individual needs, addressing concerns like anxiety, ADHD, autism, and mood disorders. We collaborate with clients, families, and healthcare professionals to provide comprehensive care, aiding in stress management and daily life activities.

Services we offer

- Behavioral modification programs
- Habit reversal training
- Social skills training
- Assertive Training
- Coping strategies for stress and anxiety
- ADHD management
- Anger and aggression management
- Parent training and support
- Educational Support with Teachers
- Attention Enhancement training
- Teachers Training





Psychology

Unlocking Mental Well-Being at Kent Healthcare

Kent Healthcare's psychology clinical services in Dubai offer expert therapy and counseling to guide individuals toward emotional balance, resilience, and personal growth. Our experienced psychologists use a blend of psychological interventions and behavioral therapy techniques to address anxiety, depression, ADHD, autism spectrum disorders, and other mental health concerns. We provide individualized treatment plans that focus on overcoming challenges, developing coping strategies, and promoting adaptive skills, ensuring a holistic approach to mental wellness in a supportive and empathetic environment.



Services we offer

- Stress management
- Anxiety and depression Management
- Family and couples therapy
- Child and adolescent counseling
- Grief Therapy
- Anger management
- Mindfulness and relaxation techniques
- Life coaching and personal developments
- Post Stroke depression Management
- Work life balance management
- Postpartum depression Management
- Career Counseling & Aptitude Test
- Parent and teachers training IQ Assessments



Occupational Therapy

Enhancing Occupational Health at Kent Healthcare

Kent Healthcare in Dubai offers specialized occupational health services with a focus on personalized, holistic care. Our skilled occupational therapists work closely with individuals to overcome barriers and improve physical, emotional, and social well-being. We address sensory processing issues, cognitive difficulties, and motor coordination challenges, aiming to enhance autonomy, quality of life, and engagement in daily activities and social pursuits.



Services we offer

- Daily living skills training
- Adaptive equipment training
- Work-related injury rehabilitation
- Pediatric therapy (fine motor skills)
- Sensory integration therapy
- Developmental Delay Management
- Stroke and neurological rehabilitation Cognitive and perceptual training Hand function training Balance and coordination training Learning Disabilities Management Brain gym



Audiology

Comprehensive Audiology Care at Kent Healthcare

At Kent Healthcare in Dubai, our expert audiologists provide personalized care to enhance hearing and balance. Our state-of-the-art clinic offers diagnostic evaluations, customized treatment plans, hearing aid consultations, tinnitus management, pediatric audiology, and Balance and Vestibular Therapy. We focus on addressing hearing loss and balance issues to restore hearing, improve daily interactions, and boost confidence in social and professional settings.



Services we offer

- Hearing tests
- Hearing aid fittings
- Tinnitus management
- Balance and dizziness testing
- Custom ear protection
- Hearing loss prevention education
- Assistive listening devices
- Auditory processing disorder evaluation

Pediatric Specialties at Kent Healthcare

At Kent Healthcare in Dubai, we offer specialized pediatric services to support children's unique developmental needs. Our expert teams provide early intervention in speech therapy for language and communication challenges, behavioral therapy for issues like anxiety and ADHD, and psychological care for mood and developmental disorders. We also offer occupational therapy to address sensory and motor skills, and audiology services for hearing and balance concerns. Each service is tailored to foster your child's growth, independence, and overall well-being in a supportive environment.

- Autism
- ADHD
- Hyperactivity
- Cerebral Palsy
- Learning Disabilities
- Developmental Delay



Our Way Forward

Expanding to In-Home Services

In line with our commitment to holistic care, Kent Healthcare is excited to announce the expansion of our services to include home nursing and physiotherapy sessions. Now, individuals can enjoy the convenience of receiving high-quality care in the comfort of their own homes. Our experienced and compassionate team of nurses and therapists will provide personalized care plans tailored to meet the unique needs of each patient, ensuring optimal recovery and well-being.

School Campaigns for Student Growth

Kent Healthcare is dedicated to nurturing the growth and development of young minds. Through our school campaigns, we aim to enhance students' motor skills and overall well-being. Our engaging programs are designed to promote physical activity, motor coordination, and healthy habits, empowering students to reach their full potential both academically and personally.



Corporate Wellness Initiatives

Amidst today's fast-paced corporate world, employee well-being is more important than ever. Kent Healthcare is proud to offer tailored wellness campaigns for offices and corporations. From on-site stretching and relaxation sessions to personalized consultations on healthy living, our programs are designed to help employees manage stress, improve productivity, and foster a culture of well-being in the workplace.

Consultation for Holistic Health

At Kent Healthcare, we believe in a parallel approach to a healthy life. In addition to our rehabilitation services, we offer expert consultations on holistic health practices. Whether it's dietary guidance, stress management techniques, or lifestyle adjustments, our team is here to provide personalized recommendations to support your journey towards optimal health and well-being.

